## Microdermabrasion Aftercare Form

You may apply cold packs if needed to reduce redness.

You will notice your skin may be slightly reddened and swollen, if a blister appears apply antibiotic ointment and notify the physician.

You may gently wash your face and apply moisturizer.

Use total sun block, SPF 35 daily over the treated area to prevent hyperpigmentary changes in the treated area.

Try to avoid sun exposure.

You may apply cosmetics to the treated area as long as there is no break in the skin.

Do not apply tretinoin creams to the treated area for 48 hours.

Mild residual redness or mild stinging may occur, but should resolve over next 24-48 hours.

Notify "The Final Touch" staff if any of the following occur:

Increasing redness or swelling over the treated area
Pustule formation
Fever

One can begin to see improvements in the treated area within one week of treatment, but will ideally obtain the greatest benefit with a series of 6 treatments one treatment every 4 to 5 weeks.

If you have any questions please do not hesitate to call our office at 985.447.1481.