

Glycolic Peel (AHA) Peel Patient Handout

What is a Glycolic Peel?

A glycolic peel increases cellular turnover, refines the epidermis, and utilizes physical and mild chemical means.

What does the Glycolic Peel accomplish?

It may lessen the appearance of epidermal lines

It may brighten the appearance of epidermal pigmentation

It may eliminate dry skin

It may refine the appearance of pore size

It may make skin softer and feel smoother

What is the Time Frame for this program? How many clinical treatments will you need?

Results are enhanced when patients return every 2 to 4 weeks for Peels during the corrective stage of their program.

Programs of 4 to 6 corrective treatments are essential to
Achieve desired and realistic results.

Once desired results are achieved, clinical maintenance
Is recommended every one to two months.

To obtain optimal results, you must be on a customized homecare
Program plus clinical treatments.

Glycolic Peel (AHA) Peel Instructions

Patient Handout

Before the Procedure:

Note any medical or skin conditions, especially Herpes, use of Accutane, recent peels or other facial procedures. Discontinue the use of topical medications and more aggressive products for 48 hours prior to your treatment.

During the Procedure:

Cleansing and exfoliation of superficial layers of the skin will be performed. Application of a chemical with concentrations of 20%, 30%, 40%, and 50% will follow this.

Percentages will depend upon your individual skin type.
You should relax and plan to keep your face still.

After the Procedure:

You can return to work or social activities almost immediately. Normal activity is tolerated without restriction

You may apply makeup immediately following the procedure.

A Home Treatment Program is strongly recommended. Restrict the use of topical medications and more aggressive home products for the first 48 hours post treatment.

You can expect:

Almost no discomfort

Slight erythema or redness that last a short time

Uneven healing at times

This procedure will stop the maturing of skin and will need to be repeated at regular intervals.

Notify our office if:

You experience extreme pain, redness, swelling, or a rash that does not disappear.